

September 2021

# Granger Recreation Center

1310 W. Avenue F, Garland, TX 75040 • 972-205-2771 • GRC@GarlandTX.gov • GarlandParks.com

## PROGRAM SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9 a.m.	GRC Personal Training w/ Brandie By appointment	GRC Personal Training w/ Brandie By appointment	GRC Personal Training w/ Brandie By appointment	GRC Personal Training w/ Brandie By appointment	GRC Personal Training w/ Brandie By appointment	GRC Personal Training w/ Brandie By appointment  Blakey Tae Kwon Do 9 a.m.
10 a.m.						Volleyball 10:15 a.m.
11 a.m.						
Noon						Boxing for Adults Boxing for Kids Noon
1 p.m.						
2 p.m.	Fitness 101 By appointment	Fitness 101 By appointment	Fitness 101 By appointment	Fitness 101 By appointment		
3 p.m.						
4 p.m.		T-Ball 4 p.m.	Lil' Tots Soccer 4 p.m.			
5 p.m.		FYI Basketball Skills 5 p.m.	Empty Hands Karate 5 p.m.	FYI Basketball Skills 5 p.m.  Excellence Rising Basketball 5:30 p.m.	FYI Basketball 5:30 p.m.  FYI 3 vs 3 Youth Development League 5:30 p.m.	Dodgeball Open Play 5:30 p.m.
6 p.m.		Boxing 6 p.m.  Boot Camp 6 p.m.	Blakey's Tae Kwon Do 6 p.m.  STRONG Nation 6 p.m.  Zumba 6 p.m.	Boot Camp 6 p.m.  Excellence Rising Basketball Advanced 6:30 p.m.		
7 p.m.	Circuit Training 7 p.m.  Fan & Flare Dance 7 p.m.  Blakey's Tae Kwon Do 7 p.m.  N.E.S.T. Basketball 7 p.m.	Ramblin' Rounds 7 p.m.  Karate 7:30 p.m.	Circuit Training 7 p.m.	Karate 7:30 p.m.		
8 p.m.						

All program information subject to change and availability. Registrations accepted on first-come, first-serve basis. Waitlists available for most full programs. Pre-registration required for most programs. A program may cancel if minimum number of registrations is unmet. A City of Garland waiver and release of claim is required prior to participating in any program. **All programs occur weekly unless noted with a date.**

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## OPEN GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9 a.m. - 5:30 p.m. 7:15 - 8:45 p.m. FULL COURT	2 9 a.m. - 4:30 p.m. FULL COURT	3 9 a.m. - 4:45 p.m. FULL COURT	4 1:15 - 3:45 p.m. FULL COURT
6 <b>CLOSED</b>	7 9 a.m. - 3:30 p.m. FULL COURT	8 9 a.m. - 3:30 p.m. 7:15 - 8:45 p.m. FULL COURT	9 9 a.m. - 4:30 p.m. FULL COURT	10 9 a.m. - 4:45 p.m. FULL COURT	11 NO OPEN GYM
13 9 a.m. - 6:30 p.m. FULL COURT	14 9 a.m. - 3:30 p.m. FULL COURT	15 9 a.m. - 3:30 p.m. 7:15 - 8:45 p.m. FULL COURT	16 9 a.m. - 4:30 p.m. FULL COURT	17 9 a.m. - 4:45 p.m. FULL COURT	18 1:15 - 3:45 p.m. FULL COURT
20 9 a.m. - 6:30 p.m. FULL COURT	21 9 a.m. - 3:30 p.m. FULL COURT	22 9 a.m. - 3:30 p.m. 7:15 - 8:45 p.m. FULL COURT	23 9 a.m. - 4:30 p.m. FULL COURT	24 9 a.m. - 4:45 p.m. FULL COURT	25 1:15 - 3:45 p.m. FULL COURT
27 9 a.m. - 6:30 p.m. FULL COURT	28 9 a.m. - 3:30 p.m. FULL COURT	29 9 a.m. - 3:30 p.m. 7:15 - 8:45 p.m. FULL COURT	30 9 a.m. - 4:30 p.m. FULL COURT		
<p>***Schedule subject to change. ***You are required to purchase and scan your Garland ID card to be inside the facility.  <b>City of Garland recreation centers are closed on Sundays.</b></p>					

