

## **Garland Police Youth Program**

**7-14 yrs**

Wednesdays 3:30 - 4:45 PM no charge

## **30 and Up Co-Ed Volleyball League**

Starts February 17

Call 972-205-3090 for details

## **Kundalini Yoga**

**16 yrs and up**

Mondays at 7:30 pm

\$35 per month or

\$9 per class

## **Judo and Jujitsu**

**4 yrs and up**

M, W, Th, F 5:00 - 8:45 PM

Sa 10:00 AM - 2:00 PM

\$35 per month

## **Little Dribblers**

**3-5 yrs**

1:00 pm every Tuesday

\$20 per month

## **Speed & Conditioning**

**13 yrs and up**

Tuesdays and Thursdays at 5pm

\$25 Per Month or \$5 Per Class

## **Volleyball**

**9-16 yrs**

Mondays at 4:30 pm

\$20 per month

## **T-Ball**

**3-6 yrs**

Wednesdays at 10 am

\$20 per month

**Gale Fields Recreation Center**

# **Peek at PLAY at GALE FIELDS**

1701 Dairy Road

972-205-3090

frc@ci.garland.tx.us

## **Open Basketball Leagues**

**17 yrs and up**

If interested, call Gale Fields at 972-205-3090 and ask for Brian Gaddis

## **Lil' Tots Soccer**

**3-5 yrs**

Tuesdays at 10 am

\$20 per month

## **Violin**

**9yrs and up**

Tuesdays at 4:00 pm

\$50 per month

## **Personal Training**

**16 yrs and up**

Call 214-850-5680 to schedule appointment prior to registration.

For more information, please contact Gale Fields Recreation Center, 972-205-3090.

- 1 Person Per Session \$50
- 2 People Per Session \$65
- 3 People Per Session \$80
  
- 1 Person Per 8 Sessions \$360
- 2 People Per 8 Sessions \$480
- 3 People Per 8 sessions \$590

## **AbraKadoodle Art Camps and Classes**

**6-10 yrs**

9:30a-2:30p 12/21-12/23 \$179

9:30a-12:30p 3/15-3/19 \$179

**20 mos-6yrs**

\$74 for every 4 week session

Sessions are for one hour each

week. **20 month-2 yrs** is at 10 am and **3-6yrs** is at 11 am.

## **Zumba Paramount Fitness**

**16 yrs and up**

Tuesdays at 7 pm and Thursdays at 5 pm

\$20 once a week per month

**garlandparks.com**

**GARLAND**  
PARKS, RECREATION & CULTURAL ARTS